

QUESTIONS

1. Your age:

2. Your gender:

- Male
- Female
- Other

3. Your educational level (indicate the highest qualification obtained):

- Elementary School
- Secondary school
- High school
- Three-year degree
- Master's degree
- Master / Doctorate / Specialization

4. Who do you live with?

- Alone
- With family / roommates

5. How many people are there in your family/cohabitation nucleus?

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

6. Your employment condition (before the Covid-19 emergency):

- Housewife
- Unemployed
- Private company employee
- Public employee
- Freelance
- Retired
- Student

7. (Only for workers) In light of the new decree:

- I'm continuing to work because I carry out a necessity job (e.g. health, grocery store, etc.)
- I'm continuing to work but I don't know if the company will briefly close (e.g. metalworker, etc.)
- I work from home (smart working)
- I temporarily stopped working without getting paid
- I temporarily stopped working but I'm still paid
- I'm on vacation
- I'm in sick leave

8. Monthly income of your cohabitation unit (in euros):

- <500
- 500-1000
- 1000-2000
- 2000-3000
- 3000-4000
- >4000

9. Do you currently suffer from any of the following diseases?

- Immunosuppression
- Cardiovascular diseases
- Pulmonary diseases
- Cancer
- Diabetes
- None of the above diseases

10. Have you been swabbed for COVID-19?

- Yes
- No

11. (Only for who has been swabbed) If yes, was the swab positive?

- Yes
- No

12. (Only for who had a positive swab) If yes, did you need hospital treatments?

- Yes
- No

13. Do you know close people (friends, relatives, colleagues) who have had positive swab?

- Yes

No

14. Do you know close people (friends, relatives, colleagues) who have been hospitalized for complications from COVID-19?

Yes

No

15. Do you know close people (friends, relatives, colleagues) who have died in following complications from COVID-19?

Yes

No

16. How much do you feel in danger of COVID-19 infection?

1 Not at all

2

3

4

5 Very much

17. How much do you think you can avoid virus infection?

1 Not at all

2

3

4

5 Very much

18. How much do you think you can be a risk factor for others?

1 Not at all

2

3

4

5 Very much

19. Are you worried about some family members or loved ones (e.g. hospital worker, elderly relative, etc.)?

1 Not at all

2

3

4

5 Very much

20. In the last period, are you paying more attention than usual to your physical symptoms?

- 1 Not at all
- 2
- 3
- 4
- 5 Very much

21. Indicate how much the COVID-19 emergency has changed the following aspect of your life: "Restrictive measures are limiting my freedom"

- 1 Not at all
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10 Very much

22. Indicate how much the COVID-19 emergency has changed the following aspect of your life: "My daily working life has changed"

- 1 Not at all
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10 Very much

23. Indicate how much the COVID-19 emergency has changed the following aspect of your life: "My emotional life has changed"

- 1 Not at all
- 2
- 3
- 4
- 5
- 6
- 7
- 8

- 9
- 10 Very much

24. Indicate how much the COVID-19 emergency has changed the following aspect of your life: “My familiar life has changed”

- 1 Not at all
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10 Very much

25. Indicate how much the COVID-19 emergency has changed the following aspect of your life: “My social life has changed”

- 1 Not at all
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10 Very much

26. Indicate how much the COVID-19 emergency has changed the following aspect of your life: “My daily life in general has changed”

- 1 Not at all
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10 Very much

27. Express your agreement with the following statement: “To face the current situation, psychological counselling/support would be helpful.”

- 1 Strongly disagree
- 2
- 3
- 4
- 5 Strongly agree

28. Are you actively searching for information on the progress of the epidemic? (number of positive people, number of deaths, containment policies, etc.)

- Continuously (I consult the media all day long)
- Often (three to five times a day)
- Not more than two times a day
- Once a day
- Less than once a day
- Never or almost never

29. (Only for who searches information) From what prevalent source are you looking for information?

- Friends/acquaintances
- Newspapers
- Social (Facebook, Twitter, etc.)
- Television programs (news programs, etc.) or radio
- Accredited websites (WHO sites, Ministerial sites, Istituto Superiore di Sanità site)

30. Express your agreement with the following statement: “I respect loyally the rules imposed by ministerial ordinances”

- Yes
- No

31. Express your agreement with the following statement: “I go out regularly in defiance of the ban”

- Yes
- No

32. Express your agreement with the following statement: “I only go out when necessary”

- Yes
- No

33. Express your agreement with the following statement: “I happened to go out for a walk in defiance of the ban”

- Yes
- No

34. Express your agreement with the following statement: “I happened to go to the grocery store without real necessity”

- Yes
- No

35. Express your agreement with the following statement: “I am looking for tricks to bypass the ordinances (e.g. I go daily working even if not necessary because I could work from home, I walk around with the dog more times than necessary, I go jogging)”

- Yes
- No

36. Thinking about the evolution of the current situation, which perspective do you consider more realistic:

- Within 15 days it will return to normal
- It will take another month for the epidemic to resolve
- It will take months for the risk of infection to resolve
- The epidemic will not resolve until a vaccine has been discovered

37. Express your agreement with the following statement: “The current situation can represent for me an opportunity and an opportunity for growth.”

- 1 Strongly disagree
- 2
- 3
- 4
- 5 Strongly agree

Final section of the questionnaire contained the following psychological tests:

- The Italian Version of the 10 item Perceived Stress Scale (PSS-10)
- The Italian Shortened Version of the Coping Orientations to the Problems Experienced (COPE-NVI-25)
- The Italian translation of the Brief Self-Control Scale (BSCS)
- The Italian translation of Consideration of Future Consequences Scale (CFC)
- The Italian Short Version of the Locus of Control Scale
- The Italian Version of the 10 item Big Five Inventory (BFI-10)